

How to Perform Hajj Step by Step Read and Perform

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Keys

-  The red colour indicates obligatory (fard) rituals whose performance is a must or else hajj or umrah shall not be performed.
-  The yellow colour indicates the rituals whose performance is compulsory (wajib) or else an animal shall have to be sacrificed (as compensation).
-  The green colour indicates sunnah and recommended rituals whose performance is recommended, however, in case of nonperformance the animal is not to be sacrificed for compensation.
-  The white colour indicates a ritual whose status was not required to be mentioned.

How to Perform Umrah

It Is recommended that first you read some authentic books on how to perform umrah and hajj so that it shall become quite easy for you to understand this book. some of the authentic books on the topic are as follows:

1.Ahkam-e-hajj

By: Hazrat maulana Mutfi Muhammad Shafi (R A)

Published by: Darul Ishaat karach

2.hajj wa Umrah

By: Mutfi Abdur Rauf sakharvi

published by : maktaba Al- Islam karachi

3. khawateen ka Hajj

By:MutfiAbdurRaufSakharvi

Published by : Maktaba Al-Islam Karachi

Ahram for umrah

Preparation
for ahram



Taking
a bath

Comb your hair, get your beard dressed, get mustache trimmed and remove the hair under armpit and navel.

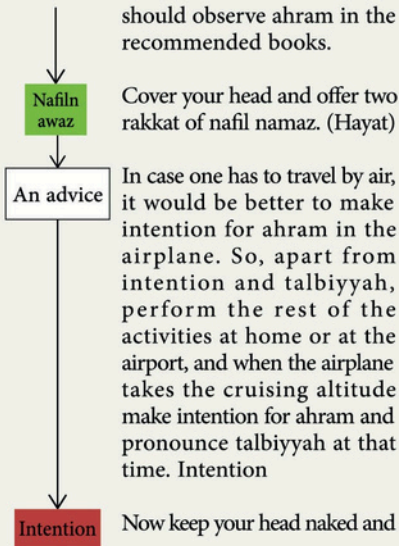
(Ghaniyyah)

Take a Bath or make wudu with the intention of ahram

(Ghaniyyah)

Sheets of cloth
for ahram

Now men have to wear a White Sheet for Ioincloth and wrap another one around the body and take off the shoes and wear chapels or slippers instead. While the females have to act upon the way they



make an intention for ahram
(Ghaniyyah)

Oh Allah I make an intention to
perform umrah to seek Your
pleasure, make it easy for me
and grant it your acceptance.

Pronounce لبيك three times
as Soon as your have made
intention:

Talbiyyah

لبيك الهم لبيك لبيك لا شريك لك
لبيك ان الحمد والنعمة لك و الملك
لا شريك لك ه

After that recite Durood
Shareef and pray to Allah as
follows:

Prayer



Conditions
for Ahram



“Oh Allah I seek your pleasure and the paradise and I seek shelter from your displeasure and the hell fire and I pray for whatever the Holy prophet prayed at this occasion. I pray Thee to grant acceptance to all that.

As soon as you make intention and pronounce talbiyyah, conditions or restrictions of ahram start applying. For further details in this regard consult the recommended books and act accordingly.

The journey to Makkah

The journey
to Makkah

Once this sacred journey Starts toward Makkah pronounce talbiyyah as much as you can. (Hayat wa Ghaniyyah)

The Holy
Makah

Pronounce talbiyyah wholeheartedly and enter into the city of Makkah.

Being in
Haram shareef

While entering into masjid-ul-Haram, most respectfully put your right foot in first and recite the prayer:

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acceptance of prayers.



Tawaaf



Iztibaa

Take the wrapped sheet under the right armpit covering the left shoulder such that your right shoulder remains naked. It is obligatory to make wudu for making tawaaf.



Intention
for tawaaf

Now take a standing position in such a way that Hajr-i-Aswad remains on your right side. To accomplish this task one may stand on the black strip drawn the floor for the



same purpose.

So, keep the black strip entirely on your right-hand-side and make an intention for tawaaf without raising your hands:

“Oh Allah I make tawaaf for umrah to seek Your pleasure, make it easy for me and grant it Your acceptance” (Hayat)

Now turn right in such a way that you face Hajr-i-Aswad and then turn both your palms toward Hajr-i-Aswad raising them to your ears and say:

Istiqbal

بسم الله الله اكبر ولله الحمد
والصلوة والسلام على رسول الله

Let both hands go down
(Hayat) and then perform
istilaam or make a gesture for
istilaam and then recite:

Istilaam

بسم الله الله اكبر ولله الحمد
والصلوة والسلام على رسول الله

After istilaam, turn right and
start making tawaaf.

Making
a tawaaf

Keep praying or invoking
from Hajr-i-Aswad to Rukn-i-
Yamani, however it is better to

recite the third kalima between the two.

An advice

Hajr-i-Aswad, Rukn-i-Yamani and Multazim are often perfumed, so, keep off them in ahram or else sacrificing an animal shall be liable.

Stressed

Apart from istilaam toward Hajr-i-Aswad, it is not permissible to turn back or face toward Kaaba while making tawaaf. One must take a great care of this.

Ramal

For the first three rounds one

has to walk with pride making the shoulders move to and fro and with small paces. For the rest of the rounds one should walk at a normal pace and with a normal walking style (hayyat).

Rukn-i-Yamani

When you come in front of Rukn-i-Yamani, while making tawwaf, you should touch it either with both or right hand and come in front of Hajr-i-Aswad (Hayat).

Istilaam
orgesture
for Istilaam

From Rukn-i-Yamani to Hajr-i-Aswad you may recite any

prayers, however, to recite ربنا
اقتنا في الدنيا حسنة الخ is according
Sunnah. If it is possible,
perform istilaam of Hajr-i-
Aswad without any trouble, or
else it would be enough to
make a gesture for istilaam
(Hayat.)

End of Tawaaf

Upon completion of seven
rounds, perform the eighth
istilaam of Hajr-i-Aswad and
stop making tawaaf (Hayat).

Iztibaa

Now cover both of the
shoulder (Ghniyyah).

Coming to
Multazim

Now come to Multazim and very humbly pray to Allah Almighty while hugging Multazim (Hayat) provided it has not been perfumed.

Maqam-i-Ibrahim

Now come behind Maqam-i-Ibrahim and offer two rakat of obligatory nawafil without covering your head (Hayat).

Drinking
Zam Zam

Thereafter drink the water of Zam Zam and pray to Allah Almighty:

Oh Allah, I Seek from You the

Knowledge that benefits ,
countless provision of life and
cure to all diseases.” (Mualim-
ul-Hujjaj)

Sae

Ninth istilaam

Now to start Sae, perform
istilaam to Hajr-i-Aswad and
move toward Safaa. Keep in
Mind that it is according to
sunnah to perform sae in
wuda (hayat).

Starting sae
from Safaa

At Safaa make an intention for
sae:

“Oh Allah I perform saee between Safaa and Marwaa to seek your pleasure, make it easy for me and grant it Your acceptance.”(Hayat).

After remembrance of Allah Almighty, now pray to Him.

Toward Marwaa

Coming downhill Safaa move toward Marwaa and when upon approaching the green pillars men are supposed to run between the green pillars, while women are not to run, and pray to Allah Almighty:

رب اغفر ورحم انت الاعز الاكرام

(Mualim-uI-Hujjaj)

At Marwaa

Then after reaching the hill of Marwaa turn your face toward Kaaba and pray to Allah Almighty. This is how one round of saee completes (Umdat-ul-Mansik). similarly the second round shall complete at safaa and third at Marwaa.

End of Sae

The same way, the seventh round shall complete at Marwaa. During each round men are supposed to run at green pillars but women have to go at a normal place (Umdat-ul-Manasik)

Nawafil of
Shukranaa

If it is not impermissible time for namaz, offer two rakat nawafil to thank Allah Almighty in the premises of Haram (Hayat wa Ghaniyah).

Halq or qasar

After completion of saee men should get the entire head shaved white women should get their hair cut as long as distal phalanx (i.e. the first joint of the finger) altogether and make sure that at least one fourth of the hair on the head have been cut the same way. Sometimes there are people at Marwaa with scissors, it is not

enough for Hanafi mahram to get them to cut their hair. beware or else you may become liable sacrifice an animal for compensation.

Completion
of Umrah

After halq or qasar (getting head shaved or hair cut) now umrah has been performed. Now you are free of limitations or restrictions of ahram. Now you may wear normal clothes and live like you live at home. Be whole heartedly thankful to Allah Almighty that He blessed you with an opportunity to perform umrah.

Now take the rest of your life as a great opportunity to please your Lord and lead your life as He wishes.

وصلی اللہ تعالیٰ سیدنا محمد
وعلی آل سیدنا محمد وبارک
وسلم تسلیما کثیرا

NafliTawaaf

When you have to perform umrah follow the same instructions, and if you have to perform tawaaf only, follow the instructions from page number 8 to 12. However, in case one intends to perform only tawaaf there shall be no

ahram, ramal and izardibaa and nor there shall be any saee.

The way to perform Hajj

8th of Zil Hajj- the first day of Hajj

Preparation
of Hajj

Be prepared to go to Mina at night on 8th of Zil Hajj.

Preparation
of Ahram

Comb your hair, get your beard dressed, get your mustache trimmed and remove the under armpit and under navel hair.

Taking a bath

Take a bath with an intention of wearing ahram or make wudu.

Cloth sheets
for ahram

Men are to wear one white sheet for loincloth and the other is to be wrapped around the body. Take off your shoes and wear slippers. As for women they have to observe ahram as recommended for them.

Nafilnamaz

Make a non-obligatory (nafali) tawaaf and if it not impermissible time for namaz, men should come to Masjid-ul-Haram to offer two rakaat nawafil keeping their heads covered and as for women they should offer nawafil at home.

Intention and
Talbiyyah

Now making your head naked
make an intention:

"Oh Allah, I intend to perform
hajj, make it easy for me and
grant it Your acceptance.
Amen." Thereafter, pronounce
لبيك immediately.

Limitations
of Ahram

Now you have to observe the
limitations of ahram. Refresh
them in your mind and be
careful!

Toward Mina

Set off for Mina after the sun
has risen and keep
pronouncing talbiyyah as

much as you can along with other invocations.

At Mina

Offer the namaz of zuhr, asar, maghrib, ishaa and fajar of 9th of Zil Hajj and stay at Mina during the whole night.

9th of Zil Hajj, the second day of

Toward
Arafaat

Offer namaz of fajar at Mina, pronounce takbeer-i-tashreeq and be prepared to reach Arafaat at the time of zawaal.

Taking a Bath

Be mindful that takbeer-i-tashreeq is to be pronounced

from namaz of fajar on 9th of Zil Hajj till namaz of asr on 12th of Zil Hajj at least once after each obligatory (fard) namaz.

↓
stay (wuquf)
at Arafat.

Take a bath or make wudu, have your meal and take some rest. As soon as the time of zawaal starts keep yourself busy in stay (wuquf) at Arafat. Keep yourself busy in saying , reciting the fourth kalimah, repenting and praying to Allah Almighty till evening. It is more important to observe the stay (wuquf) at

↓
Namaz of Zuh
and Asr

Arafaat in standing position, however, it permissible to sit for this purpose. Offer namaz of Zuh and asr with azan and takbeer together with congregation.

↓
Toward
Muzdalifah

At sunset without offering the namaz of maghrib set off for Muzdalifah pronouncing talbiyyah.

↓

Keep in mind that it is not permissible to leave Arafaat before the sun sets or else one has to sacrifice an animal.

Namaz of
Maghrib and
Ishaa

At Muzdalifah namaz of maghrib and ishaa are to be offered together. For both of namaz azan and takbeer would be the same, first namaz of maghrib shall be offered together with congregation and then after pronouncing takbeer-i-tashreeq and saying لبيك immediately the namaz of ishaa shall be offered the same way. After that first offer two sunnah of maghrib and then two sunnah of ishaa and then offer namaz of witar and as for nawafil one may offer or leave them.

Invocations
and Prayers

It is the great night having a great many blessings of Allah Almighty.

Keep yourself busy in invocations, recitation of the holy Quran, Durood Shareef, pronouncing ليك and praying to Allah Almighty (Ghniyyah).

Pebbles

Each pilgrim has to collect seventy pebbles as big as big grams.

Namaz of
fajr and stay

At dawn say azan for fajar and then after offering sunnah offer namaz of fajar collectively

Returning
from Mina

Throwing
Pebbles
(rami) at
Jamrat-ul-Aqba

Talbiyyah ends

with congregation and then complete the stay (wuquf) at Muzdalifah.

Leave for Mina when the sun is about to rise.

10th of Zil Hajj, the third day

Upon reaching Mina throw seven pebbles one by one to hit Jamrat-ul-Aqba. (If there is a risk of life, one may throw these pebbles in the evening or at night too)

As soon as pebbles are thrown at Jamrat-ul-Aqba, stop pronouncing ليك and do not

stay there for pray after throwing stones (rami) and go back where you are staying and then sacrifice your animal.

sacrificing
animal.

For sacrificing animal three days have been fixed i.e. 10th, 11th and 12th of Zil Hajj. You may sacrifice your animal whether during the day or at night as it may be easy for you. It has been often observed that on 11th of Zil Hajj it is easy to sacrifice animal. You may sacrifice your animal yourself or may get someone to do the same for you.

Halq or Qasr

Having sacrificed your animal, get your head shaved and women should cut their hair as long as distal phalanx (i.e. the first joint of the finger) in such a way that it must cover at least one fourth of the entire hair.

Tawaaf-e-Ziarat

Now it is time for tawaaf-e-ziarat. This tawaaf may be performed from 10th of Zil Hajj till maghrib of 11th of Zil Hajj. This tawaaf may be performed during the day or at night as it may be easy; however, it has been observed that it is easy to perform

tawaaf-e-ziarat on 11th of Zil Haje. (Tawaaf-e-ziarat is performed the way the tawaaf for umrah is performed). It is essential that tawaaf be performed after wudu.

Sae for Hail

Thereafter, perform saee. (The saee is performed the way it is performed for umrah). According to sunnah, saee should be performed after making wudu.

Returning from Mina

Having performed saee come back to Mina and stay at Mina for the night.

11th of Zil Hajj, the fourth day of Hajj

Rami at Jumrat

On 11th of Zil Hajj after the time of zawal all the three jamraat are to be stoned with seven pebbles each. It has been often observed that it is safe to perform rami just before dusk or at night. If there is a risk of life it is permissible to perform rami at night.

Pray

Having thrown pebbles at Jamrat-ul-Ula, move a little ahead and then turning face toward Kaaba praise Allah Almighty and then pray to Him. There are no particular

prays for these moments.

Pray to Allah

After having thrown pebbles at Jamrat-ul-Wusta, move a little ahead and then turning face toward Kaaba praise Allah Almighty and then pray to Him. There are no particular prayers for these moments.

Do not pray

After that throw pebbles at Jamrat-ul-Aqba and then without praying come back where you are staying.

Invocations

Being at your lodge recite the

holy Quran or keep yourself busy in invocations or repenting to Allah Almighty and abstain from wrongdoings.

12th of Zil Hajj, the fifth day of hajj

Rami at Jamraat

Throw seven pebbles at each jamraat after the time of zawal. (It is easy to perform rami a little before the sunset and if there is a risk of life there is no harm in performing rami at that time).

Pray to Allah

First throw pebbles at Jamrat-ul-Ula, move a little ahead and

turn your face toward Kaaba and raise your hands to praise Allah Almighty and to pray to Him.

Pray to Allah

After that throw pebbles at Jamrat-ul-Wusta, move a little ahead and turning face toward Kaaba praise Allah Almighty, recite Durood Shareef and pray to Allah Almighty. There is no specific pray for this time.

Do not pray

After this throw seven pebbles at Jamrat-ul-Aqaba and come back without any pray.

Optional

Today it is up to you whether to stay at Mina after rami or come back to Makkah.

Farewell
Tawaaf

After performing Hajj when you wish to come back to your homeland it is obligatory to perform tawaaf-e-wida (the farewell tawaaf). (This twaaf is performed like a nafil tawaaf).

Making an
intention to
set off
For Madina

Attendance at Madina

While leaving for Madina make an intention like this:
"Oh Allah! I intend to take a journey to Madina to visit the shrine of the Holy Prophet

(SAW). Oh Allah grant it Your acceptance."

Special care
for acting
upon sunnah

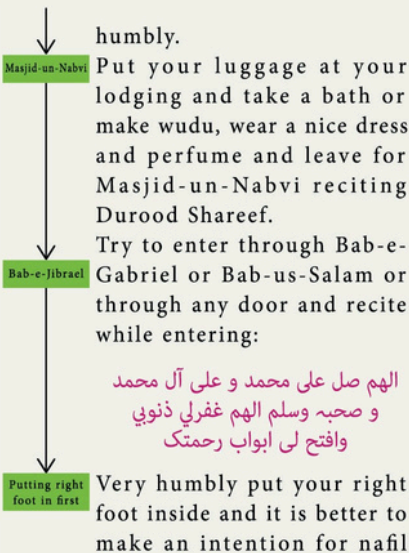
Make sure to act upon sunnah while taking a journey to Madina.

DuroodShareef

Recite Durood Sharif during this journey as much as you can.

At Madina

Upon seeing the city of Madina add fuel to your passion to be at the shrine of the Holy Prophet (SAW) and keep pronouncing Durood and Salam while making an entry therein quite



aitekaf. (Ghniyyah)

↓
Nafil Namaz

If it is not impermissible time for namaz, offer two rakaat nafil tahayyat-ul-masjid in Riaz-ul-Jannah near Mehrab of the Holy Prophet or anywhere as it may be easy for you. Thereafter, praise Allah Almighty and repent to Him with heart and soul. (Hayat)

↓
Attendance
at the tomb of
Holy Prophet (SAW)

Now let us move toward the tomb of the Holy Prophet extremely humbly and before the first whole in the screen stand humbly at four arms'

length keeping your gaze low.
(Hayat)

↓
**Durood
and
Salam**

Now in a soft voice offer salam
as:

السلام عليك ايها النبي ورحمة الله وبركاته

Thereafter pronounce like this:

الصلوة والسلام عليك يا رسول الله
الصلوة والسلام عليك يا نبي الله
الصلوة والسلام عليك يا حبيب الله

↓
Pray

After that make a humble
request to the Holy Prophet ﷺ
for recommendation and say
three times as follows:

اسئلك الشفاعة يا رسول الله

↓
Salam from Others

And then pray to Allah
Almighty through the Holy

Prophet ﷺ for a happy end of life, to seek the pleasure of Allah Almighty and seek His repentance especially. (Ghniyyah)

After that say salam to the Holy Prophet ﷺ from your family and friends as follows:

الصلوة وسلام و عليك يا رسول الله
من فلان بن فلان

While saying salam call the name of your friend or relative along with father's name to replace the phrase فلان بن فلان.

Salam on Siddique
Akbar (RA)

After this stand before the
second whole and say as
follows:

السلام عليك يا سيدنا خليفة
رسول الله جزاك الله عن امة محمد خيرا

Salam on
UmerFarooq (RA)

Then move a little to stand
before the third whole and stay
there to say:

السلام عليك يا سيدنا اميرالمومنين
عمر فاروق جزاك الله عن امة محمد خيرا

In the service
of both

Then move a little toward right
and while standing between
both of the caliphs say:

In the service
of the Holy
Prophet (SAW)

Then move a little left toward the first whole and very keenly offer salat and salam in the service of the Holy Prophet in the words as mentioned above and pray to Allah Almighty for yourself, your parents and family members. (Hayat)

Pray

Thereafter look for a place in Masjid-un-Nabvi where the tomb of the Holy Prophet is not at your back and very humbly pray to Allah Almighty. This how one should offer salam to the Holy Prophet (SAW).

Forty Namaz

Men should offer forty namaz in Masjid-un-Nabvi. But it is not mandatory. It is only recommended.

Masjid-e-Quba

On Saturday or any other day if you find time offer two rakaat nafil in Masjid-e-Quba provided it is not the impermissible time for namaz.

Janat-ul-Baqee

Sometimes you should also visit the graveyard of Janat-ul-Baqee to pray for them and through them for yourself too.

When coming back from

Returning from
Madina

Madina once again visit the shrine of the Holy Prophet following the above mentioned way and feel very sad while saying good bye to him and pray to Allah Almighty to bless you with a chance to come again to visit the shrine of the Holy Prophet . ﷺ

وصلى الله على النبي الكريم
محمد وآله وأصحابه أجمعين

